

LEARN TO MANAGE CONFLICT-ONLINE PROFESSIONAL DEVELOPMENT COURSE SYNOPSIS

AIM

To be human is to experience conflict. People have different values, needs, and motivation and, at times, incompatibility may result. Conflict has always been perceived as a negative emotion. Many people may find it difficult to perceive the benefits of conflict.

Conflict can be used as the creative opportunity to create change, and lead to personal and professional growth.

The approach of this course applies the Principled Negotiation with a win-win focus on interests to create value developed by Harvard University which they designed "to produce wise outcomes efficiently and amicably."

Course aims

- Develop skills in analysing, handling, and resolving conflict in order to improve professional and personal effectiveness.
- Broaden negotiation to consider the perspective of all parties to deepen your understanding of the issues for negotiation.
- Enhance collaborative communication and negotiation skills to attain win-win outcomes.
- Design and broaden the negotiation options to attain a win-win outcome.

COURSE CONTENT

- Define and apply the principles of managing conflict
- Discriminate between functional and dysfunctional conflict, types and levels of conflict
- Identify conflict handling behaviour styles, strengths and weaknesses of each style
- Handle differences with others constructively
- Cope with difficult emotions and manage unwillingness in others to resolve the conflict
- Negotiation skills and attitudes to attain a win-win outcome
- 'The Third Side' in negotiation or going to the balcony
- Stages of negotiation:
 - Stage 1 Preparing for negotiation
 - Tools to plan your negotiation: Conflict map, Best Alternative To A Negotiated Agreement (BATNA), Worst Alternative To A Negotiated Agreement (WATNA) and Zone of Possible Agreement (ZOPA)
 - Power positions in negotiation
 - Logistical considerations for negotiation
 - Stage 2 Interacting in the negotiation
 - Enhancing your negotiation style to handle conflict
 - Stage 3 Closing the agreement
 - Review of negotiation
- Practice forgiveness in a conflict situation



LEARNING OUTCOMES	On completion of the program, you will be able to:
OUTCOMES	 On completion of the program, you will be able to: Define and apply the principles of managing conflict Discriminate between functional and dysfunctional conflict, types and levels of conflict Identify conflict handling behaviour styles, strengths and weaknesses of each style Handle differences with others constructively Cope with difficult emotions and manage unwillingness in others to resolve the conflict Apply the Harvard Principles of collaborative negotiation Analyse conflict from the perspective of 'The Third Side' in negotiation or going to the balcony Implement all stages of negotiation that includes: Preparation, Interaction, Close and Review
	 Prepare for negotiation incorporating both sides of the case and applying a range of tools Implement logistical considerations for negotiations Interact during negotiation that entails establishing rapport between parties and considering power positions Define the problem in terms of needs, brainstorming possible options and select the solution that will meet the needs of both parties Design and implement an action plan for the negation outcome Evaluate the success of the negotiation process and consider learning points for future negotiation Apply strategies to handle the hidden agenda of the negotiation, when the other party does not live up to their part of the bargain and when unfair tactics are used Practice forgiveness in a conflict situation
DURATION	Self-paced learning
PROGRAM DELIVERY	The online course consists of the theory with a range of interactive activities that include: • Workplace application • Reflective activities • Questionnaires • View video clips with reflections of your learning • Case studies • Practice negotiation skills and self-evaluation